

## **The State and The Athlete Preparation Problem of Chiang Mai in Thailand's 46<sup>th</sup> National Sport Games**

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### **Abstract**

The research aimed to study the state and problem of the athlete preparation of Chiang Mai in order to participate in National Sports Games in the area of athlete selection, the area of places and equipment for practicing, the area of practicing and the area of budget and welfare. The population was the coaches and the athletes practicing for being the province's representatives with the number of 254. The purposive sampling was implemented. Frequency, Percentage, Mean, Standard Deviation and Paired sample t-test were implemented. The findings were that the state and problem of athlete preparation in overall was at high level with the average of 3.78, the standard deviation as 0.425 when comparing with the criteria being at high level. When considering each area, it was found that the area of athlete selection was at the first rank with the average of 3.88 and the standard deviation as 0.547, the area of place and equipment for practicing with the average of 3.77 and the standard deviation as 0.509, the area of practicing with the average of 3.76 and the standard deviation as 0.558 and the area of budget and welfare with the average of 3.71 and the standard deviation as 0.505 respectively while comparing with the criteria being at high level in every area. For the t-test with the statistical significance as 0.05, it was found that there was no difference of the athletes with different genders' opinions toward the state and problem of the athlete preparation (t-prob as 0.476). Besides, According to the suggestions, it was found the Sports Authority of Thailand Office, Chiang Mai should realize the importance of athlete selection by planning for the preparation of next athlete recruitment

**Keywords :** State and problem, Team preparation, Participation of Sport Games, National Sport Games

### **Introduction**

National Games was the big sport competition including various sport types of regions in Thailand which was held annually. It was started by Sport Promotion Organization of Thailand since the first competition until the 19<sup>th</sup>. Then the sport organizing was managed by Sport Authority Thailand Office since the 20<sup>th</sup> National Games. National Games was big and organized various types of sports. AnunAutchoo stated that nowadays human beings were the important resources for the society and the nations and drove the economy, the society, the nature and the environment. Science and technology could develop the athlete to compete in the world competition. Therefore, the development of human beings needed to promote



human beings to have knowledge, abilities and develop in the area of their bodies, societies, intelligence, emotions, ethics and morality. Physical Education and Exercising were one of the course which promoted human beings to be developed their bodies, emotions, intelligence and souls affecting their quality of life in order to lead them to live their lives perfectly and have their careers following their top set goals of life. Besides, sports were important to develop human beings' quality of life including health, health education and mind. Sports played important roles in developing human beings, their families, communities and societies which led to the development of economy, society and politic effectively. At the present day, sports led to the participation of the citizens in developing economy, society and politic effectively. In the developed countries around the world used sports to create the participation, the community network and even create good consciousness in life living. Thus, these should be the promotion and support sport organizing to be more universal such as Olympics and international sport games which could be the guide to develop the nations to be better.

Referring to the committee of Sport Authority of Thailand Office agreeing to have Chiang Rai be the host of the 46<sup>th</sup> National Games "Jianghai Games" during the 18<sup>th</sup> – 28<sup>th</sup> of November, 2018, it needed to have the preparation in every areas such as the area of athlete selection, the area of budget and welfare, the area of accommodation, the area of practice, the area of places for practicing, the area of equipment for practicing, the area of sport science competition, the area of working and the area of organization. These elements helped the preparation in many areas, especially the practicing being the core thing in developing the potential of athletes.

According to the mentioned importance, therefore the researchers were interested in studying the preparation of athlete team of Chiang Mai Sports Club for participating in the 46<sup>th</sup> National Games "Jianghai Games" in order to get the information of the preparation and the way to develop the athlete team organizing and to be the useful guide for Chiang Mai Sports Club to utilize those information for preparing next sport organizing.

### **Objective of Research**

1. To study the state and problem of athlete team preparation in the 46<sup>th</sup> Thailand National Games.
2. To study factors of state and problem affecting the athlete team preparation of the 46<sup>th</sup> Thailand National Games.

### **Research Methodology**

#### **Scope of Research**

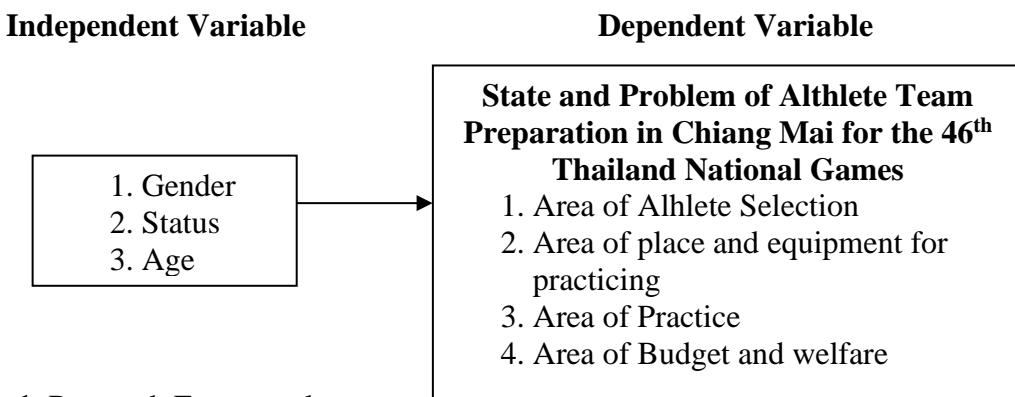
This study was to study the state, problem and factors affecting the athlete team preparation in Chiang Mai for the 46<sup>th</sup> Thailand National Games in Chiang Rai.

#### **Population and Sample group**

The sample was 254 athletes and coaches for preparing athlete team of Chiang Mai (Krejcie & Morgan, 1970)



## Research Framework



## Figure 1. Research Framework

## Research Hypothesis

1. People with different gender had different opinions toward the state and problem of althlete team preparation in Chiang Mai for the 46<sup>th</sup> Thailand National Games.
2. People with different status had different opinions toward the state and problem of althlete team preparation in Chiang Mai for the 46<sup>th</sup> Thailand National Games.
3. People with different age had different opinions toward the state and problem of althlete team preparation in Chiang Mai for the 46<sup>th</sup> Thailand National Games.

## Research Instrument

The questionnaire was implemented which was divided into 3 parts as following:

## Part 1: General Information of the respondents

## Part 2: State and Problem of Athlete Team Preparation of Chiang Mai for the 46<sup>th</sup> Thailand National Games divided into 4 areas

### Part 3: Suggestions of state and problem of athlete team preparation in Chiang Mai for the 46<sup>th</sup> Thailand National Games which was Open-ended questions

The questionnaire was implemented for data collection which was checked the Validity by finding out from IOC by the experts. The validity was as 0.86. The researchers took the questionnaire to implement with the similar group with the number of 20 (Cronbach Alpha Coefficients) which the reliability as 0.829 and referring to Cronbach alpha, reliability being more than 0.7 means the variable which could be used.(Nunnally.J.C. (1978)

## Data collection

Researchers collected 254 questionnaires, checked, took the data for Code Book and then took the data for analyzing by using Statistical Package for the Social Science.

## Statistic used in data analysis



Descriptive Statistics was implemented for analyzing personal characteristic and behavior of sample using Percentage and Mean. For analyzing state and problem of althlete selection, Mean and Standard Deviation were used. For comparing the difference of state and problem of althlete team selection of Chiang Mai for the 46<sup>th</sup> Thailand National Games, T-test and F-test were used.

## Reserch Results

### Part 1: General information of the respondents including gender, status and age

Table 1 Demographic characteristics of sample

General information	N (254)	Percentage
<b>Gender</b>		
Male	163	64.2
Female	91	35.8
<b>Status</b>		
Athlete	188	74.0
Coach	665	26.0
<b>Age</b>		
Less than 11 years old	5	2.0
11–20 years old	100	39.4
21-30 years old	80	31.5
31-40 years old	32	12.6
41-50 years old	27	10.6
More than 50 years old	10	3.9

Table 1 showed that most of the respondents were male with the percentage of 64.2 (N=163), the althletes with the percentage of 74.0 (N=188), aged 11-20 years old with the percentage of 39.4 (N=100).

### Part 2: State and problem of althlete team selection of Chiang Mai for the 46<sup>th</sup> Thailand National Games, Chiang Rai in the area of althlete selection, the area of place and equipment for practicing, the area of practice and the area of budget and welfare.

**Table 2** State and problem of althlete team preparation for the 46<sup>th</sup> Thailand National Games, Chiang Rai in overall

State and problem of althlete team preparation	$\bar{X}$	S.D.	Level of state and problem
Area of althlete selection	3.88	0.547	High
Area of place and equipment for practicing	3.77	0.509	High



Area of practice	3.76	0.558	High
Area of Budget and welfare	3.71	0.505	High
Total	3.78	0.425	High

Table 2 showed that the state and problem of althlete team preparation of Chiang Mai for the 46<sup>th</sup> Thailand National Games in overall had Mean as 3.78 and Standard Deviation as 0.425. While considering each item, it was found that state and problem of althlete selection had the most problem with Mean as 3.88 and Standard Deviation as 0.547, the area of place and equipment for practicing with Mean as 3.77 and Standard Deviation as 0.509, the area of practicing with Mean as 3.76 and Standard Deviation as 0.558 and the area of budget and welfare with Mean as 3.71 and Standard Deviation as 0.505 respectively being at high level in every area when comparing with the criteria.

**Part 3: Additional suggestions of solutions for state and problem of althlete team preparation for the 46<sup>th</sup> Thailand National Games, Chiang Rai as following.**

**Area of althlete selection**

1. There should have more precise announcement about date and time for althlete selection.
2. Precise and appropriate qualification for althlete selection should be addressed.
3. The information should be advertised thoroughly and precisely.

**Area of place and equipment for practicing**

1. Enough equipment for practicing for althlete should be provided.
2. Standard equipment for althlete should be provided.
3. The equipment and sport stadium for practicing should be always kept to be standardized.

**Area of Practice**

1. There should be both short and long practice program for althletes.
2. There should have the experts in Sport Science in charge of practicing.
3. There should always have the motivation and development of althletes to have mental strength.

**Area of Budget and Welfare**

1. There should have enough allowance for the althletes.
2. There should have extra money for the althletes in order to be as an incentive for practicing.

**Table 3** Showed the conclusion of Hypothesis Test by using T-Test and F-Test



Research Hypothesis	Sig.	Research Result
<b>Hypothesis 1</b> :People with different gender had different opinions toward the state and problem of althlete team preparation in Chiang Mai for the 46 <sup>th</sup> Thailand National Games	0.476	Rejected Hypothesis
<b>Hypothesis2</b> :People with different status had different opinions toward the state and problem of althlete team preparation in Chiang Mai for the 46 <sup>th</sup> Thailand National Games	0.085	Rejected Hypothesis
<b>Hypothesis3</b> : People with different age had different opinions toward the state and problem of althlete team preparation in Chiang Mai for the 46 <sup>th</sup> Thailand National Games	0.031*	Confirmed Hypothesis

### Result Discussion

According to the test of hypothesis of gender, status and age which had the state and problem of althlete team preparation for participating in the 46<sup>th</sup> National Games, ChaingRai, it was found as following:

In the area of different gender, there was no difference of the state and probem of althlete preparation participating in the 46<sup>th</sup> National Games, Chiang Rai. It was related with Thidarat Suwanno (2016) who studied on the team preparation problem for participating Championship Tennis of Thailand for the Royal's token of the year 2016 revealing that there was no difference of coaches both males and females and tennis althelete both male and female in every area in overall with statistical significance as0.05. [3]

In the area of different status, there was no difference of the state and probem of althlete preparation participating in the 46<sup>th</sup> National Games, Chiang Rai. It was related with Sompong Kaewweha (2010) who studied onstate and problem of SepakTakraw team preparation participating in the 24<sup>th</sup> National Youth Gamesrevealing that there was no difference of coches and altheletes on state and problem of preparation with statistical significance as 0.05. [4]

In the area of different age, there was difference of state and problem of althlete preparation participating in the 46<sup>th</sup> National Games, Chiang Rai. It was related with PhatcharapornKetphat (2018) who studied on state and problem of Thai althlete team for participating in the 24<sup>th</sup> Sea Games revealing that in the area of age overall was different with statistical significance as0.05.()

### Research Recommendations

1. Sports Authority of Thailand Office, Chiang Mai should realize all aspects related with althlete selection and should plan for althlete selection in order to prepare for the next althlete selection.
2. Sports Authority of Thailand Office, Chiang Mai should plan for Fitness Test for althlete selection in order to make the althletes have physical strength and be ready for the games.



**Recommendations for Futher Research**

1. There should be qualitative research and in-depth interview in order to receive more precise and useful information.

2. There should be the study of the need of althlete team heads, coaches, althletes and working teams in charge of sports organizing in order to uterlize the information for next sports organizing.

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